

International Conference on Latest Trends in Engineering, Management, Humanities, Science & Technology (ICLTEMHST -2022) 27<sup>th</sup> November, 2022, Guwahati, Assam, India.

## CERTIFICATE NO : ICLTEMHST /2022/C1122956

## A STUDY OF IMPROVEMENT OF COMMUNICATION IN CANCER PATIENTS

## **MOUMITA NANDY**

Research Scholar, Department of Psychology, Dr. A.P.J Abdul Kalam University, Indore, M.P.

## ABSTRACT

Care for cancer patients is an emotionally taxing experience that calls for top-notch clinical and interpersonal skills. Maintaining a steady equilibrium between these three factors is crucial for better health outcomes in cancer patients. Institute of Medicine (IOM) research shows that patient, doctor, and health service engagement is essential for continued patient-centered care. Motive, knowledge, and skill set, as well as viewpoint, aim, and need alignment, all play crucial roles in patient-centered care. Doctors and patients both need to be inspired to do better. Doctors need to be skilled in patient-centered behavior, which includes both nonverbal (eye contact, attentiveness, avoiding distractions, etc.) and verbal (avoiding interruption, encouraging and being empathic, respecting patients' time and space) communication. They must also know their patients' preferences, concerns, values, and beliefs. Patients need to be encouraged to take an active role in their treatment decision making and preferences, and they must be given the tools they need to express their concerns openly and honestly about their clinical condition.